



# Bits & Pieces

www.winecountrydressage.org

Spring 2014

## Upcoming Events!

**April 12 & 13 - Rider Position Clinic with  
Sue Curry & Lily Baker-Lubin @ SREC**  
**\$150/ride auditing free**

April 21 - Equine Nutrition Clinic

May 18 – Marin CDS Show\*\*\*

May 30 – June 1 – Shelly Siegel Show\*\*\*

June 13 - Fieldstone Farm show\*\*\*

July 11-13 – RAAC North\*\*\*

July 19 – Fairwind Farm show\*\*\*

July 20 – Fairwind Farm show\*\*\*

August 15-17 – CDS Adult Amateur Clinic  
with Maria Festerling

August 17 - Fieldstone Farm show\*\*\*

August 22-24 – CDS Jr/YR Championships  
North\*\*\*

September 25-28 – CDS/USDF Region 7  
Championships\*\*\*

## 2014 BOARD

Chair – Tracy Underwood  
707-975-2097

Co-Chair – Susan Reinecke  
707-433-1288

Secretary – Kim Dupuis  
707-889-2366

Treasurer – Diana Feil  
707-357-2274

Volunteers & Membership  
– Kim Dupuis  
707-889-2366

Hospitality – Ursula Worthen  
831-818-9866

Education – Sheri Leidl  
707-823-5015

Jr/YR Coordinator – Sheri Leidl  
707-823-5015

Newsletter – Kylie Dupuis  
707-889-0824

Webmaster – Margo Brown  
707-573-1183

Fundraising Coordinators  
– Shirley Johnson  
707-206-1138

Horse Show Coordinators  
-Tracy Underwood  
707-975-2097  
-Shirley Johnson  
707-206-1138

At Large – Beverly Chambers  
707-823-6403

## 2013 Sonoma CDS Member Awards –

Go to [www.winecountrydressage.org](http://www.winecountrydressage.org) for photos

*Training level - Strider Memorial*  
**Riana Porter & Delano**

*First level - Snowfox Perpetual*  
– donated by Frances Prine  
**Riana Porter & Dax**

*Second level – donated by Renaissance Farm*  
**Terry Benedetti & Koli Bey Berry+**

*Third level – Stable News Perpetual*  
- donated by Lynn A Roberts  
**Kathy Jaraczewski & Wallander 14**

*Fourth level – James B Cox Memorial*  
**Tanya Vik & Holy Wonder**

*AA Lower Level High Point – Smooth Move*  
*Memorial – Keville's*  
**Pauline Muntzer & Floriana**

*Jr/YR Lower Level High Point– donated by SREC*  
**Riana Porter & Delano**

*Lower Level Freestyle – Antares Memorial*  
**Riana Porter & Dax**

*Prix St George – donated by Joannie Wilson*  
**Brian Hafner & California Chablis**

*Intermediare – Excellence & Spirit*  
– donated by Barbara Whitson  
**Brian Hafner & California Chablis**

*Grand Prix –Fieldstone Farm*  
**Brian Hafner & Lombardo LHF**

*AA FEI High Point – Wimbledon Memorial*  
– Lizbeth Hamlin-Haims  
**Stacey Mc Carthy & Lyra**

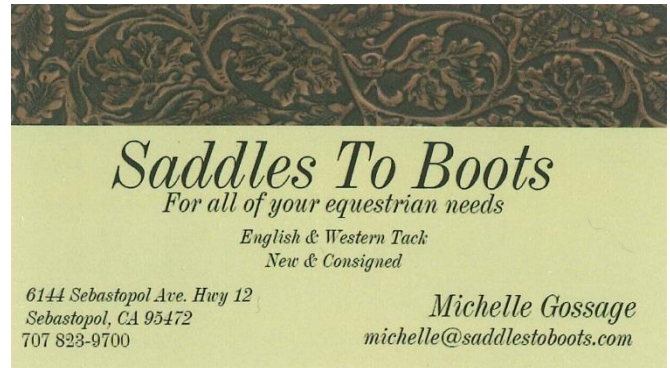
*FEI Freestyle – Picone*  
**Brian Hafner & Lombardo LHF**

*Oldest competing horse at FEI – General – donated*  
*by Lilo Fore & Susan Reinecke*  
**Brian Hafner & California Chablis**

*Volunteer of the Year – Beverly Chambers*

*Adult Amateur Clinic Chapter Rider – Cindy Madden*

CARGO TRAILER NEEDED - The Chapter needs an enclosed cargo trailer at least 10 ft. long with swinging doors to store & transport the chapter manege. Do you have one to donate or sell at a reasonable rate? Contact any current board member.



*Saddles To Boots*  
*For all of your equestrian needs*  
*English & Western Tack*  
*New & Consigned*

6144 Sebastopol Ave. Hwy 12  
Sebastopol, CA 95472  
707 823-9700

Michelle Gossage  
michelle@saddlestoboos.com

## SONOMA CDS CHAPTER MEMBER

### BENEFITS:

- YEARLY MEMBER AWARDS
- FREE FOOD AT MOST BOARD MEETINGS
- FREE AWARDS DINNER PARTY
- FREE CLASSIFIED ADS IN  
QUARTERLY NEWSLETTER

### Newsletter INFO:

#### Member Classified ads -

Free one-time newsletter appearance, also includes a full year on the website (or until such time as your item is sold, where applicable) 70 words or fewer, text only on the newsletter. FREE

#### Business Card ads –

3.5" x2" submitted in jpg, pdf or word. \$150 per calendar year

**Articles** – Please submit dressage/equine related stories & news for possible inclusion in the newsletter.

Send advertisements and articles to  
[SOCDNEWSLETTER@GMAIL.COM](mailto:SOCDNEWSLETTER@GMAIL.COM)  
by June 23, 2014 for the next newsletter



# Clair Thunes Equine Nutrition

Seminar & Dinner - April 21 6pm

**Pizza Gourmet 1415 Fulton Road**

**(Raleys Shopping Center)**

## Qualifications and Memberships

PhD Nutrition. 2005. University of California, Davis

MS Animal Science. 1998. University of California, Davis

BSc. Hons. Animal Science. 1997. Edinburgh University

**Presented by Sonoma Chapter CDS \$5 for members and \$15 non members**

**Please RSVP to Kim Dupuis [kedmom6795@yahoo.com](mailto:kedmom6795@yahoo.com) or online [winecountrydressage.org](http://winecountrydressage.org)**

## Taking The Guesswork Out of Feeding Your Horse

From Clair Thunes' website [summit-equine.com](http://summit-equine.com)

Selecting the right feeds and supplements for your horse is confusing. The market is saturated with products all claiming to be the right solution for your horse. You can spend hours researching possibilities giving yourself a headache and getting no closer to a solution. If you do make a decision you are often left wondering whether it was the right one.

I'm Dr. Clair Thunes and I founded Summit in 2007 because I wanted to help people just like you to cut past the glossy product images and too good to be true promises. My goal is to help you achieve the peace of mind that comes from knowing that you are spending your feed dollars wisely and that your horse's diet is optimal for his needs.

Summit is not a feed company, we do not have a line of feeds or supplements instead I recommend products that are already on the market. However you can trust that I am not paid by manufacturers to recommend their product and therefore my advice is independent. I work for you. I take the time to listen because as a horse owner, I know that no one knows your horse better than you and based on what I learn in combination with my scientific training I offer individualized advice that is right for you.

My recommendations are specific, founded in solid scientific principles, and practical to implement. Many of the services I offer come with continued support for your peace of mind. Clients tell me that my nutrition solutions are easy to understand and implement, provide them with peace of mind and often save them money.

## Clair Thunes Biography

Born and raised in England Dr Thunes started riding at the age of 8 and from day one was involved in all aspects of her horse's daily care. She competed in all disciplines including eventing, show jumping, dressage, gymkhana, trail, fox hunting, hunters, side saddle and was an active member of the UK Pony Club attaining her B rating before graduating High School. Her fascination in equine nutrition led her in pursuit of a BSc from Edinburgh where she spent the 3rd year of her degree at University of California Davis. During her undergraduate years Dr Thunes worked as a groom at a boarding stables outside of London looking after clients horses including a medium goal polo string. Dr Thunes played polo for both the Edinburgh and Davis teams. Returning to Davis for her graduate studies Dr Thunes remained involved in the horse community working with local youth as District Commissioner of Panache Pony Club in Davis and as a working student preparing FEI level dressage horses with a local trainer. She also owned and trained a young BLM mustang and competed him in dressage and eventing before selling him on to a youth competition home.

As an equine nutritionist Dr Thunes has worked with a wide range of horses from lactating mares to competitive driving horses, and with a variety of physiological problems including insulin resistance and muscle myopathies, and is happy to work in conjunction with your veterinarian. Dr Thunes believes in finding the right balance not only in the horse's diet but also between the horse's needs and the client's resources. Equally able to work with the individual horse or an entire barn Dr Thunes enjoys the challenges of each unique situation and working with owners to find the optimal solution. Dr Thunes believes her clients should understand why various recommendations are being made and works hard to clearly explain her suggestions. Additionally Dr Thunes shares her knowledge talking with local equestrian groups on a range of nutrition related topics.

## The Shelly Siegel Show is almost here!

This is our chapter show for the year. Please come show us what you and your equine partner have been working on. If you will not be showing please come help out even if only for a couple of hours. Then stick around for the BK BBQ. We will be taking donations for the chapter Bobby Keville Amateur fund and having a great time with food, drink and friends around the pond!

# Sonoma Chapter CDS presents the Shelly Siegel Show

**Entries Open Now!**



**Show Secretary:** Colleen Henderson  
3187 Talking Mtn. Trl., Cool, CA 95614  
916-813-9337 – [ckd7900@hotmail.com](mailto:ckd7900@hotmail.com)

**Show Manager:** Tracy Underwood  
Guerneville Rd, Santa Rosa, CA 95401  
707-975-2097 – [tracy@srequestrian.com](mailto:tracy@srequestrian.com)

**Shelly Siegel Show –Santa Rosa Equestrian Center, Santa Rosa, CA**

**May 30 - June 1, 2014**

**Judges:** Christel Carlson (S,DSHB)      **Recognition:** USEF, Level 3 (252543) USDF, CDS  
Marlene Schneider (S)              **Technical Delegate:** Rebecca Lewis

**Opening Date:** March 17, 2014 **Closing Date:** May 22, 2014

Online entry encouraged [equestrianentries.com](http://equestrianentries.com)

For complete prize list & entry form visit Sonoma Chapter website  
[winecountrydressage.org](http://winecountrydressage.org)

ALL Classes will be split by 4 divisions for Ribbons & Awards!  
Divisions: O = Open, AA = Adult Amateur, JR/YR = Junior, Young Rider,  
New this year- M = Masters (Amateurs age 50 or more)  
*Awards to 1st place in classes with three or more entries. Ribbons through 5th.*

## **Free Camping!**

### **Friday:**

Breed Show & Dressage Classes

Complimentary Afternoon Champagne Reception - Under the Oaks

### **Saturday:**

Dressage Classes

Aprox. 5 p.m.– Hi Point Awards presented – Music – Dancing

– Bobby Keville BBQ \$10 suggested donation

### **Sunday:**

Dressage Classes

Vendors welcome and encouraged! Please contact [tracy@srequestrian.com](mailto:tracy@srequestrian.com)

Sonoma Chapter CDS  
PO Box 208  
Fulton, CA 95439

**Sonoma Chapter CDS Spring Newsletter**

**Shows!**

**Clinics!**

**Awards!**

**[WWW.WINECOUNTRYDRESSAGE.ORG](http://WWW.WINECOUNTRYDRESSAGE.ORG)**